Our professional and friendly team at Dora Matthews House are always on hand to welcome guests and visitors.

Please give the team a call to arrange a tour or to answer any queries you might have. We look forward to showing you around very soon!







What family and residents say about life at our older people services...

"We were both made to feel at home very quickly and all the staff have been extremely helpful".

"Care and the size of the flat have enabled us to lead reasonably normal lives despite our disabilities".

"The care staff are all very helpful and make us feel we are not any bother".

About Us

Ambient Support is a registered UK charity with over 30 years' experience in providing care and support services for older people, people with a mental health need and people with a learning disability.

We believe that everyone is unique and they should be able to lead valued lives in their communities, treated with dignity and respect no matter their age, health condition or disability.

Our way is **The Ambient Way**

Watch the video to learn more



SCAN HERE

Find us on social media









@AmbientSupport

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Dora Matthews trifold leaflet | Version 0724





Dora Matthews House

Supported living for the over 55's in the heart of the Forest of Dean



www.ambient.org.uk

About Dora Matthews House

Dora Matthews House offers luxury one and two bedroomed apartments to the over 55's who wish to live an independent life but may need some extra care and support at times.

Ideally situated in Coleford, Dora Matthews House is within easy reach of the historic town centre and its wide ranging local facilities.

Luxury accommodation

Completed in 2015, the development provides accommodation in 44 self-contained one and two bedroomed apartments arranged over three floors, with a further five 2-bedroom bungalows for people with learning disabilities.



Each apartment provides:

- Fitted kitchens
- · Ensuite wet rooms to the main bedroom
- An open plan lounge/diner
- Energy efficient design and specification
- · Lift and wheelchair access throughout
- Specialist equipment for more frail or disabled residents

Accommodation is suitable for singles or for couples where either one partner or both might require assistance with daily living, allowing couples to carry on living together but with additional support when needed.



A hub for activity & wellbeing

In addition to fantastic accommodation, the complex provides a wellbeing centre. The centre is for use by residents but also the local community.

This warm and friendly environment means people may participate in:

- A range of exercise and therapeutic activities
- Pamper days and beauty treatments
- Social events and gatherings
- Cinema lounge
- · A communal lounge and hobby room
- Wheelchair accessible gardens and courtyard
- On site café providing healthy meals and snacks with produce from locally sourced providers

Bespoke living, with a little extra support when needed

Dora Matthews House is a jointly run initiative between Ambient Support and Rooftop Housing.

Ambient Support oversees the day to day contact with residents and provides:

- · Daily contact with people
- Assistance to access communal facilities, engagement and care planning
- Support to help people manage medication
- Advice on benefits, security & safety and also tenancy related support
- Support with daily living i.e. arranging appointments, GP visits
- Emergency support if required
- Liaison with repair services and contractors



Ambient Support also provides 24/7 additional care and support to those that may need it. This extra care can be purchased by the individual directly or accessed through council funding.