

How to access the service

The service can be accessed via a health professional such as a care coordinator or social worker.

Get in touch with us

 020 8313 9725

 hello@ambient.org.uk

People who use our services have said:

'Since my move.. it has given me more independence and freedom, the support from the staff has been good.'

'The support I have been given has enabled me to get a job in the community.'

About Us

Ambient Support is a registered UK charity with over 30 years' experience in providing care and support services for older people, people with a mental health need and people with a learning disability.

We believe that everyone is unique and they should be able to lead valued lives in their communities, treated with dignity and respect no matter their age, health condition or disability.

Our way is **The Ambient Way**

Watch the video to learn more



SCAN HERE

Find us on social media



@AmbientSupport

Head Office & Registered Address: Ambient Support, Unit 9, Bourne Court, Unity Trading Estate, Southend Road Woodford Green, Essex. IG8 8HD.

Telephone: 020 8502 3933

Email: hello@ambient.org.uk

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ambient
Passionate About People



**Thornhill Road,
Croydon**

Providing **shared housing** and support for people with **mental health needs**

www.ambient.org.uk



About Thornhill Road

Thornhill Road is a shared house near central Croydon. It supports up to 5 people with each person having their own spacious bedroom and sharing the communal areas.

The project has good access to community facilities with local shops a short walk away and public transport within easy reach.

Who is the service for?

This service is for **adults** with severe and enduring mental health problems, with complex needs, including personality disorder, dual diagnosis and self-harm.

This service is particularly suited to those moving into a **community based setting** after a period in hospital or 24 hour residential care. Thornhill Road prepares clients to live independently, to work on their recovery and to reduce social isolation.

What we can do

The Ambient Way means we provide **flexible, person-centred support** based on the needs of each person. Support can be adjusted with hours added or reduced as required including sleep-in nights.

There is also an on call service available to residents out of hours 24/7.



About Thornhill Road Staff

We have a dedicated team of **Support Time Recovery Workers (STR) and an Occupational Therapy Assistant (OTA)**. The OTA provides evidence based interventions in areas including: **motivation, life skills and communication** to support positive outcomes.

Our staff work with people on a one to one basis. They can assist with everyday activities such as **daily living skills, attending appointments and accessing advice and advocacy services**. They provide support to help manage physical and mental wellbeing, in addition to signposting you to take part in social and community groups and meaningful activities.

Our STR workers have a wide range of skills which include: promoting health lifestyles, gardening, sporting activities, organising social events and activities, such as going to the cinema or having a film night, promoting person-centred planning and organising recovery based activities.

Staff are skilled to support people with a range of needs and goals, including:

- Person Centred Planning & Self-management.
- Independent living skills.
- Medication Management.
- Alcohol and substance misuse issues.
- Using the Recovery Star and setting goals to promote greater independence.
- Support planning & goal setting skills



What people can expect from the service

People who use this service can expect to have:

- **More** choice, responsibility and control over their lives.
- **Greater** independence all areas of their lives.
- **Better** understanding of their own recovery
- Coping strategies for **managing** their wellbeing.
- **Increase** in their general wellbeing.
- **Increased** knowledge of the opportunities available to them in the wider community.
- **Increased** confidence.
- **Contributed** and had a voice in the services provided.
- **Support** to move on to more appropriate accommodation.