

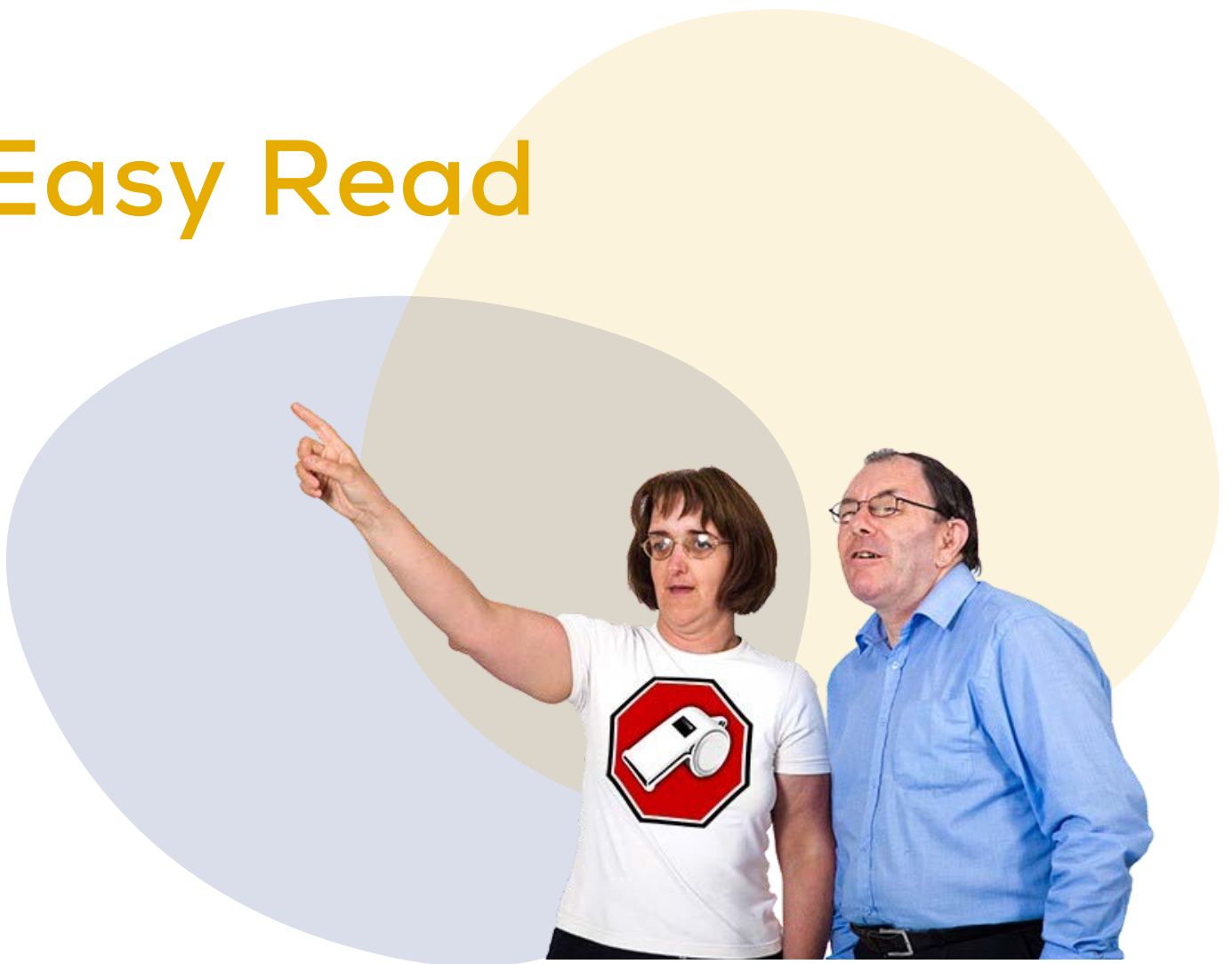
ambient

Passionate About People



What is abuse? How do you report it?

Easy Read



www.ambient.org.uk

What is abuse?



Abuse is when someone says or does something to hurt you or make you feel bad.



This booklet tells you:

- About the different kinds of abuse.
- What you should do if you or someone you know is being abused.



Some people are more likely to be abused than others.

We want everyone to be safe.

Types of abuse



Emotional/psychological abuse

This is when people say bad things to hurt your feelings, shout or threaten you.



Physical abuse

This is when someone hurts your body



Sexual abuse

This is when someone touches your body or private parts in ways you do not like or want.

It is also when someone makes you do sexual things that make you sad, angry or frightened.

More types of abuse



Financial abuse

This is when people take your money or belongings without asking.



Neglect

This is when people who are there to help you do not look after you properly.



Discrimination

This is when people treat you badly or unfairly because you are different to them.



Institutional or organisational abuse

This is when paid staff in a hospital or care home do not care for you properly or respect your rights.

More types of abuse



Hate Crime

Hate crime is when someone hurts or upsets you because of:

- The country or culture you come from



- What religion or beliefs you have.



- You being a male or female or living as the other gender all the time, or some of the time.



- Your sexual identity.



- If you have a disability of any kind.

Who might abuse you?



An abuser could be anybody.

It could be someone that you know like Friends, Family, or Support staff.



It could be a stranger that you meet for the first time.



It could be someone that you have not met in person, such as:

- A person on the telephone;
- A person you meet online while on the computer.

Why is it important to report abuse?



It is important that people that harm you or others are stopped.



It is never okay to abuse someone else.



It is important that people feel safe so they can lead happy lives.

How do you report abuse?



If you think someone is doing or saying something to hurt you or a person you know, you can tell someone that you trust.



This person might be:

- A family member.
- A friend.
- Your support worker, or any staff member at Ambient.
- A doctor or health professional.
- Social worker or
- someone at the council.



If you tell Ambient staff about abuse, we will talk to you about what we can do to stop this.



If you want to talk to someone at Ambient, you can call us on
0208 502 3933



Or you can email us at
hello@ambient.org.uk



If you think someone is in danger, this is an emergency. You should call the police on 999.

About Us

Ambient Support is a registered UK charity with 30 years' experience in providing care and support services for older people, people with a mental health need and people with a learning disability.

Our wide range of quality specialist services are delivered by our dedicated, professional and passionate staff and our success is built on supporting people to live a full and meaningful life, regardless of age, health or disability.

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